

# CUES

## AN EVIDENCE-BASED INTERVENTION TO ADDRESS DOMESTIC AND SEXUAL VIOLENCE IN HEALTH SETTINGS

*Shown to Improve Health and Safety Outcomes for Survivors*

Survivors say they want health providers to:

\*Be nonjudgmental \* Listen \*Offer information and support \*Not push for disclosure

### C: Confidentiality

- Know your state's reporting requirements and share any limits of confidentiality with your patients.
  - Ensure that you can bring up relationships, violence, or stress safely by seeing patients alone for at least part of the in person or virtual visit
- > Make sure you have access to professional interpreters and do not rely on family or friends to interpret.

“Before we get started I want to let you know that I won't share anything we talk about today outside of the care team here unless you were to tell me about [find out your state's mandatory reporting requirements].”



Safety cards are available for different settings, communities and in a variety of languages at [store.futureswithoutviolence.org/](http://store.futureswithoutviolence.org/)

### UE: Universal Education + Empowerment

- Give each patient **two** safety cards or ask if you can send them a link to resources if doing a virtual visit to start the conversation about relationships and how they affect health.
  - Open the card and encourage them to take a look. Make sure patients know that you're a safe person for them to talk to.
- > Offering this information to all patients ensures that everyone gets access to information about relationships, not just those who choose to disclose experiences of violence.

“I'm offering these resources to all my patients. They talk about relationships and how they affect our health. Take a look, and please share with a friend or family member....On the back of the card there are resources you can call or text, and you can always talk to me about how you think your relationships are affecting your health. Is any of this a part of your story?”

### S: Support

- Though disclosure of violence is not the goal, it will happen -- know how to support someone who discloses.
  - Make a warm referral to your local domestic/sexual violence partner agency or national hotlines (on the back of all safety cards).
  - Offer health promotion strategies and a care plan that takes surviving abuse into consideration.
- > What resources are available in your area for survivors of domestic and sexual violence? How about for LGBTQ, immigrant, or youth survivors? Partnering with local resources makes all the difference.

“Thank you for sharing this with me, I'm so sorry this is happening. What you're telling me makes me worried about your safety and health... A lot of my patients experience things like this. There are resources that can help. [Share name, phone and a little about your local DV program] I would be happy to connect you today if that interests you.”

Health Partners on IPV + Exploitation provides training and technical assistance to community health centers to support those at risk of experiencing or surviving intimate partner violence, human trafficking, or exploitation and to bolster prevention efforts. To learn more about our programs visit [healthpartnersipve.org](http://healthpartnersipve.org) and see our online toolkit [ipvhealthpartners.org](http://ipvhealthpartners.org)