

Catalyst for Change

November 2025

Dear Reader.

Welcome to the November edition of Catalyst for Change! This edition highlights upcoming webinars from Health Partners on IPV +Exploitation, self-paced virtual courses, and a new educational brief, <u>Youth with Disabilities and Human Trafficking</u>.

In addition to these new resources, this edition also spotlights the United Nations' "16 Days of Activism" campaign starting November 25, 2025 and ending December 10, 2025.

16 Days of Activism

From November 25th to December 10th the United Nations (UN) observes a global campaign marking the *16 Days of Activism*. The International Day for the Elimination of Violence Against Women (November 25th) marks the launch of the UNITE campaign— an initiative of 16 days of activism concluding on the day that commemorates the International Human Rights Day (December 10th). The 2025 campaign theme is "UNITE to End Digital Violence Against All Women and Girls".

This theme and campaign invites all of us to recognize the rising threat of digital abuse and take collective action to safeguard, uplift, and stand in solidarity with all women and girls across online spheres.

What is digital abuse?

Digital Abuse, as defined by <u>loveisrespect.org</u>'s "<u>What is Digital Abuse</u>" pdf, is "the use of technologies such as texting and social networking to bully, harass, stalk, or intimidate a partner. Often this behavior is a form of verbal or emotional abuse perpetuated online".

Featured Resources

CUES Infographic

"CUES" is an evidence-based intervention to address domestic and sexual violence in health settings shown to improve health and safety outcomes for survivors. A one-page CUES infographic that describes the intervention and includes provider scripts is now available in English and Spanish as PDFs and hard copy.

Increasing Health Care Enrollment for Survivors of Domestic Violence

Health centers play an important role in helping survivors enroll in health care to receive quality primary care and oral health care services. A special enrollment period for survivors makes enrollment possible across the year. When health centers partner with community-based programs, we reach more survivors and improve health and safety outcomes. See these two related resources:

Digital abuse does not exist in an online vacuum and can often lead to violence in real life such as coercion, physical abuse, and even femicide.

According to the United Nations Population Fund:

- 85% of women have personally experienced digital violence or have witnessed it against other women.
- 67% of women and girls who have experienced digital violence have reported experiencing misinformation and defamation.
- 90-95% of all online deepfakes are non-consensual pornographic images with 90% of these images depicting women.
- 73% of women journalists have reported experiencing online violence.

Together we can turn awareness into action! To support this collective movement, please find a range of resources and tools for your review:

- A Practical Guide on Intimate Partner Violence, Human Trafficking, and Exploitation and Technology Tools – Health Partners on IPV +Exploitation
- Confidentiality in the Age of Open Notes Health
 Partners on IPV +Exploitation
- Privacy Principles for Protecting Survivors of Intimate
 Partner Violence, Exploitation and Human Trafficking in
 Healthcare Settings Health Partners on IPV
 +Exploitation
- Hanging Out or Hooking Up? (Safety Card) Futures
 Without Violence
- International Day for the Elimination of Violence against
 Women | United Nations
- FAQs: Digital abuse, trolling, stalking, and other forms of technology-facilitated violence against women and girls | UN Women – Headquarters
- <u>Documentation Tips for Survivors of Technology Abuse</u>
 <u>& Stalking | NNEDV</u>
- Digital Safety Toolkit | NCEDSV

Another important part of addressing digital harassment is raising awareness of and challenging misogynistic online networks such as the manosphere. Below, please find resources to address healthy forms of masculinity online and in-person:

- Linkup Lab Futures Without Violence New
- The Manosphere Rewired: Understanding Masculinities
 Online and Pathways for Health Connection Futures

- "Healthcare.com
 Enrollment for
 Survivors of Domestic
 Violence" identifies
 the unique
 opportunities for
 health enrollment
 specialists and health
 center staff to
 increase health
 access for survivors of
 domestic violence. (7page PDF)
- "Five Ways Health Centers Can Promote Health Care Access for Survivors of Domestic Violence" summarizes key actions to promote health center enrollment for survivors of domestic violence. (2-page PDF)



Without Violence & Equimundo

- Coaching Boys into Men (CBIM) Futures Without Violence New
- How to counter the manosphere's toxic influence | UN
 Women Headquarters

These resources not only serve as a tool for those affected by violence but also as tools for awareness, advocacy, and action. Thank you for your participation in the 16 Days of Activism.

Upcoming Webinar: Preventing Substance Use and Exploitation in Adolescence

Join Health Partners on IPV +Exploitation and School-Based Health Alliance for a webinar that will equip health center providers and administrators, including school-based health centers, with strategies to address substance use, adolescent relationship abuse, and exploitation.

Presenters will highlight clinical and community-based approaches to strengthen prevention and response efforts, while promoting universal education so that all adolescent patients receive information and resources. Participants will explore ways to collaborate with youth, families, schools, and community organizations to build safer, healthier environments for adolescents.

Date: Wednesday, December 3rd, 2025

Time: 9 am HST/12 pm PST/1 pm MST/2 pm CST/3 pm EST (60 minutes)

ASL and Spanish interpretation will be offered. To register for the webinar, <u>click here</u>.

Recent Publication: Youth with Disabilities and Human Trafficking (Educational Brief)

Health Partners on IPV +Exploitation recently published an educational brief, "Youth with Disabilities and Human Trafficking" that reviews HRSA's UDS measures on HT/E related to adolescents, the corresponding ICD-10 documentation codes, and key resources and guidance to facilitate clinician/patient engagement.

Research Roundtable: IPV & Health

This powerful nine-part roundtable series hosted by The National Health Initiative on Violence and Abuse at FUTURES, the Johns Hopkins Center for Global Women's Health and Gender Equity, and the Bloomberg School of Public Health brings together leading experts to share cutting-edge research and innovative solutions to address the convergence between intimate partner violence and health.

Below, please find a list of the upcoming sessions in the series:

- <u>Transforming Health Care & Health Systems for IPV</u>
 <u>Response</u>
 - o Date: November 12, 2025
 - Time: 8:00 AM HST/10:00 AM PST/11:00 AM MST/12:00 PM CST/1:00 PM EST
- · A Deadly Mix: IPV, Firearms, and Health
 - o Date: December 10, 2025
 - Time: 8:00 AM HST/10:00 AM PST/11:00 AM MST/12:00 PM CST/1:00 PM EST
- · IPV, Pregnancy, and Maternal Health
 - o Date: January 14, 2026
 - Time: 8:00 AM HST/10:00 AM PST/11:00 AM MST/12:00 PM CST/1:00 PM EST
- Innovation Spotlight: Promising IPV Interventions Across Contexts
 - o Date: February 11, 2026
 - Time: 8:00 AM HST/10:00 AM PST/11:00 AM MST/12:00 PM CST/1:00 PM EST
- Perpetration Prevention: Supporting People Who Cause Violence
 - o Date: March 11, 2026
 - Time: 8:00 AM HST/10:00 AM PST/11:00 AM MST/12:00 PM CST/1:00 PM EST
- Crisis Within Crisis: IPV and Climate- Related Disasters
 - Date: April 15, 2026
 - Time: 8:00 AM HST/10:00 AM PST/11:00 AM MST/12:00 PM CST/1:00 PM EST
- The Economics of Safety: Economic Abuse, Sexual Harassment and Tech-Facilitated Abuse
 - o Date: May 13, 2026
 - Time: 8:00 AM HST/10:00 AM PST/11:00 AM MST/12:00 PM CST/1:00 PM EST

For questions regarding the series, please contact health@futureswithoutviolence.org.

Upcoming Webinar: Women, AI & the Workplace: A Strategy for Economic Opportunity

Join Esta Soler, President and Founder of Futures Without Violence, and Ana López van Balen, Vice President of Economic Security & Opportunity at Futures Without Violence, as they, Shubhi Rao, Founder of Uplevyl, Renée Cummings, Professor of Practice at the University of Virginia's School of Data Science, Konstanze Frischen, Managing Director and Co-Lead of Aspen Digital, discuss the opportunities and barriers women face in the workplace as Al is increasingly adopted.

Date: November 13, 2025

Time: 9:00 AM HST/12:00 PM PST/1:00 PM MST/2:00 PM CST/3:00 PM EST

To register, <u>click here</u>. ASL Interpretation will be provided during this webinar.

Futures Without Violence Self Paced Virtual Courses

- I-LED Distance eLearning Course
 - Futures Without Violence's Institute for Leadership in Education Development (I-LED) has created a self -paced online program designed for Office of Violence Against Women (OVW) grantees and potential grantees.
- <u>CUES</u>: Addressing Intimate Partner Violence in <u>Healthcare Settings</u>
 - This course offers a deeper understanding of intimate partner violence and helps participants learn how to recognize the many health impacts on individual survivors and communities through the CUES (Confidentiality, Universal Education, and Support) approach to addressing intimate partner violence and sexual violence in health care settings.

Warmly,

Health Partners on IPV +Exploitation Team

Futures Without Violence

www.healthpartnersipve.org

Health Partners on IPV + Exploitation is funded by the Health Resources and Services Administration's (HRSA) Bureau of Primary Health Care (BPHC). HRSA's BPHC funds about 1,400 health centers. They provide affordable, accessible, and high-quality primary health care to under served communities at over 16,200 sites. Health Partners on IPV + Exploitation works with health centers and systems to support those at risk of experiencing or surviving intimate partner violence, human trafficking, and exploitation and to bolster prevention efforts.



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