



## Catalyst for Change May 2026

Dear Reader,

Welcome to the May edition of Catalyst for Change featuring resources for Older Americans Month and National Women's Health Week.

In addition, [Health Partners on IPV + Exploitation](#) and the [National Health Resource Center on Domestic Violence](#) are hosting a webinar for Community Health Workers in California, Idaho, New Mexico, Oregon and Washington, [Building a Health Center Response to Intimate Partner Violence – Community Health Worker Role](#) and we hope you will attend. This webinar is free, open to a national audience, and will be presented in English with Spanish and ASL interpretation.

### Older Americans Month (OAM)

Older Americans Month (OAM), [established in 1963](#) by former President John F. Kennedy and members of the National Council of Senior Citizens, is a time to celebrate the contributions of older Americans and explore the ways in which older adults can remain involved in their communities.

The [Administration for Community Living \(ACL\)](#), leads the nation's observance of OAM and this year's theme, "[Champion Your Health](#)", focuses on ensuring older adults have access to preventive care, can advocate for themselves, and can make informed choices that support independence.

To learn how to support older adults who experience elder abuse or intimate partner violence, see these resources that highlight evidence-based approaches and how to develop community partnerships to strengthen clinical responses:

- [Intimate Partner Violence and Elder Abuse Later in Life \(Webinar\)](#)

### Featured Resources

#### [Is Your Relationship Affecting Your Health? - Safety Card](#)

*"Is Your Relationship Affecting Your Health?"* is the general health safety card from Futures Without Violence. It is designed for women receiving health care services and helps them recognize how their relationships impact their health through identifying specific health problems that may be associated with chronic stress from an abusive relationship.

#### [Women Are Sacred - Safety Card](#)

*"Women Are Sacred"* is the American Indian/Alaska Native women's health safety card that was developed in partnership with the [National Indigenous Women's Resource Center](#). This safety card aims to help women recognize healthy and unhealthy relationship dynamics as well as how to identify how their relationships impact their health.

#### [Survivor Brochure:](#)

- This webinar, hosted by [Health Partners on IPV +Exploitation](#) and [NCECE](#), focused on the prevalence and health impact of intimate partner violence (IPV) in later life and elder abuse. The webinar offers strategies to facilitate patient conversations, assessments, and response for IPV, and how to improve access to supportive community services.
- The webinar recording and slides are available in English and Spanish translation.
- [Intimate Partner Violence and Elder Abuse in Later Life \(Educational Brief\)](#)
  - [Health Partners on IPV +Exploitation](#) and [NCECE](#) developed an 8-page educational brief, “Intimate Partner and Elder Abuse in Later Life”, that summarizes IPV risk factors, health impacts and clinical responses; in addition to strategies for building community program partnerships and referrals.
- [Navigating Conversations with Patients on Elder Abuse & Intimate Partner Violence \(Blogpost\)](#)
  - “Navigating Conversations with Patients on Elder Abuse & Intimate Partner Violence”, is a blogpost by Futures Without Violence, Social Work Intern, Katie Truong, CHW, that offers her perspective on working with older adults as a Social Work Graduate Student alongside ways to create opportunities for deeper engagement with older adults.
- [Ready-to-Publish Articles, Fact Sheets, and Infographics | Administration for Community Living \(ACL\)](#)
  - ACL has created various articles, fact sheets, tips, and resources on topics such as but not limited to, emergency preparedness, caregiver tips, and elder rights. This page also has information on ACL programs such as Centers for Independent Living or Older Adult Behavioral Health.

### [Healthcare Guide For \(and by\) Survivors of Domestic Health and Sexual Violence](#)

This survivor brochure, adapted from a brochure originally created by FUTURES and the [National Center on Domestic Violence, Trauma, & Mental Health](#), was adapted in partnership with the [Survivor Leadership Cohort](#) to support survivors of domestic/sexual violence during health care visits. In addition, this brochure offers healing centered recommendations for survivors about how to become proactive in their healthcare and how to best advocate for their needs with healthcare providers.

### [Supporting Survivors of Violence and Abuse in Oral Health Care Settings](#)

Supporting Survivors of Violence and Abuse in Oral Health Care Settings includes a patient brochure and educational brief produced by [Health Partners on IPV + Exploitation](#) in collaboration with the [National Network for Oral Health Access \(NNHOA\)](#) to help patients have comfortable dental visits and know what to expect; and to offer guidance to oral health staff and providers on how to support survivors of IPV.

## **National Women’s Health Week (NWHW)**

National Women’s Health Week (NWHW) is led by the U.S. Department of Health and Human Services (HHS), Office on Women’s Health (OWH) every May. NWHW encourages women of all ages to prioritize their physical and mental health in addition to highlighting women’s health conditions.

This year, NWHW takes place from May 10-16 and the theme is, [“Prevention, Innovation, and Impact: A New Era in Women’s](#)

[Health](#)". The guiding pillars for this year's theme are women's health across the lifespan, science transforming women's health, prevention starts early, a new model of care leading to better outcomes, and turning research into real-world, practical solutions to improve women's health.

To learn how to address intimate partner violence and improve women's health and safety outcomes, please check out the following resources:

- [CUES Intervention](#)
  - CUES is an evidence-based universal education strategy developed by [Futures Without Violence](#) that aligns with the guiding pillars of this year's NWHW by promoting more connected, survivor centered care and has been shown to improve health and safety outcomes for survivors of IPV.
- [Rural Maternal & Infant Health Initiative](#)
  - The Rural Maternal & Infant Health Initiative, led by [Futures Without Violence](#), aims to support families in pregnancy, postpartum, and early parenthood by strengthening community-based health care and prevention systems. To learn more, email [ruralmaternalhealth@futureswithoutviolence.org](mailto:ruralmaternalhealth@futureswithoutviolence.org).
- [NWHW 2026 Toolkit | Office on Women's Health](#)
  - This toolkit, developed by OWH, is designed to help raise awareness and encourage conversations regarding important women's health concerns. It features social media messages, shareable graphics, fact sheets, and resources.
- [Women's Health Features | CDC](#)
  - The CDC offers numerous resources pertaining to women's health with topics spanning from menopause, maternal mortality, cervical cancer, and supporting women with disabilities.

### **Upcoming Webinar: Building a Health Center Response to Intimate Partner Violence – Community Health Worker Role**

Community Health Workers are trusted bridges between the clinic and the community—often hearing what patients don't share anywhere else. Join Futures Without Violence programs, the National Health Resource Center on Domestic Violence and Health Partners on IPV +Exploitation, to learn how community health workers can support their patients who experience intimate partner violence. The webinar, [Building a Health Center Response to Intimate Partner Violence – Community Health Worker](#), will highlight health center

responses for California, Idaho, New Mexico, Oregon and Washington (with participation from NMPCA and NWRPCA) and is open to a national audience. CEs from NMPCA for participating New Mexico staff are pending.

**Date:** Tuesday, May 19, 2026

**Time:** 12:00 PM PST, 1:00 PM MST, 2:00 PM CST, 3:00 PM EST (75 Min.)

To learn more about the webinar and register, [click here](#).

## **Futures Without Violence: I-LED Distance eLearning Course**

Futures Without Violence's Institute for Leadership in Education Development (I-LED) presents, "The Distance eLearning Course" - a self-paced online program designed for Office on Violence Against Women (OVW) grantees.

This self-paced online program is hosted on the Canvas Learning Management System, allowing participants to develop their own customized virtual course while receiving personalized feedback from expert I-LED faculty throughout their learning journey.

All OVW grantees and potential grantees are eligible to participate in the course. To register for the eLearning Course and learn more about the curriculum, click [here](#).

Warmly,

Health Partners on IPV +Exploitation Team

Futures Without Violence

[www.healthpartnersipve.org](http://www.healthpartnersipve.org)

**Health Partners on IPV + Exploitation** is funded by the Health Resources and Services Administration's (HRSA) Bureau of Primary Health Care (BPHC). HRSA's BPHC funds about 1,500 [health center](#) organizations that provide affordable, accessible, and high-quality primary health care to underserved communities at over 17,000 sites. Health Partners on IPV +Exploitation provides technical assistance to health centers to develop and implement evidence-based strategies, protocols, and partnerships to prevent, identify, and respond to intimate partner violence (IPV) and human trafficking (HT).

**HEALTH PARTNERS**   
ON IPV + EXPLOITATION

---

This email was sent by:  
**Futures Without Violence**

Can't read this email? [View it on your browser.](#)

Email is an important way for Futures Without Violence to keep supporters like you informed about critical issues. If you no longer want to hear from Futures Without Violence, [visit our website to take yourself off our list.](#)

Questions or comments?  
tel: 415-678-5500 | fax: 415-529-2930



*Copyright © 2026, All rights reserved.*

**Our mailing address is:**

Futures Without Violence  
100 Montgomery St.  
The Presidio  
San Francisco, CA 94129

[Unsubscribe or Update Email Preferences](#)